

**SAINTS INDOOR INVITATIONAL**  
**ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/28/2023**

**Results**

**Women 60 Meter Dash**

**Newell FH:** 7.49 ^ 1/21/2012 **Delphine Atangana**  
**SLU Team:** 7.92 s 2/15/2014 **Hannh Kinsey**  
**Meet Record:** 7.49 \* 1/21/2012 **Delphine Atangana**  
**AARTFC:** 8.10 A

Name	Yr	School	Prelims
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**Heat 1 Preliminaries**

1	Madison Wagner	FR	Potsdam St.	8.48Q
2	Hailey von Ahn	SO	Potsdam St.	8.56q
3	Alexa Smith	JR	St. Lawrence	8.62q
4	Jessica Landman	SO	Plattsburgh	8.80q
5	Deanna Zoch	JR	Plattsburgh	8.80
6	Rebecca Christie	FR	Plattsburgh	9.37

**Heat 2 Preliminaries**

1	Hayley Castagnier	JR	St. Lawrence	8.40Q
2	Michaela Schaffer	SO	Plattsburgh	8.44q
3	Cora Knight	FR	St. Lawrence	8.47q
4	Morgan Thompson	SO	Plattsburgh	8.62q
5	Kiran Black	FR	St. Lawrence	8.97
6	Jessica Mare	FR	Plattsburgh	9.18
7	Margaret McNally	FR	St. Lawrence	9.37

**Women 60 Meter Dash**

**Newell FH:** 7.49 ^ 1/21/2012 **Delphine Atangana**  
**SLU Team:** 7.92 s 2/15/2014 **Hannh Kinsey**  
**Meet Record:** 7.49 \* 1/21/2012 **Delphine Atangana**  
**AARTFC:** 8.10 A

Name	Yr	School	Finals
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**Section 1 Finals**

1	Hayley Castagnier	JR	St. Lawrence	8.38	7
2	Michaela Schaffer	SO	Plattsburgh	8.41	5
3	Madison Wagner	FR	Potsdam St.	8.45	4
4	Cora Knight	FR	St. Lawrence	8.46	3
5	Alexa Smith	JR	St. Lawrence	8.62	
6	Hailey von Ahn	SO	Potsdam St.	8.62	2
7	Morgan Thompson	SO	Plattsburgh	8.65	1
8	Jessica Landman	SO	Plattsburgh	8.73	

**Women 200 Meter Dash****Lanes 2-6**

**Newell FH:** 24.83 ^ 1/17/2004 **Michelle Burgher**  
**SLU Team:** 25.70 s 3/1/2014 **Hannah Kinsey**  
**Meet Record:** 25.06 \* 1/19/2013 **Victoria McIntyre**  
**AARTFC:** 26.70 A

Name	Yr	School	Finals
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**Section 1**

1	Jessica Landman	SO	Plattsburgh	28.46	5
2	Morgan Thompson	SO	Plattsburgh	28.72	3
3	Mackenzie Marcus	SO	St. Lawrence	29.86	
4	Margaret McNally	FR	St. Lawrence	30.56	

**Section 2**

1	Alexa Smith	JR	St. Lawrence	28.44	7
2	Hailey von Ahn	SO	Potsdam St.	28.68	4
3	Madison Wagner	FR	Potsdam St.	28.88	2

4	Cora Knight	FR	St. Lawrence	29.00	1
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**Women 400 Meter Dash****Lanes 2-6**

**Newell FH:** 56.95 ^ 1/22/2005 **Bailey Lewis**  
**SLU Team:** 56.71 s 3/13/2015 **Marisa Turner**  
**Meet Record:** 57.31 \* 1/29/2005 **Bailey Lewis**  
**AARTFC:** 1:01.00 A

Name	Yr	School	Finals
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**Section 1**

1	Aislyn McDonough	SR	Plattsburgh	1:04.01	7
2	Kristina Koes	JR	St. Lawrence	1:07.43	5
3	Amy Francesconi	SO	St. Lawrence	1:14.53	4

**Women 800 Meter Run****2 Turn Alley**

**Newell FH:** 2:11.76 ^ 3/1/2016 **Rachael Shine**  
**SLU Team:** 2:13.92 s 2/9/2018 **Mary Terhune**  
**Meet Record:** 2:15.50 \* 1/29/2005 **Katie Engel**  
**AARTFC:** 2:23.00 A

Name	Yr	School	Finals
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**Section 1**

1	Allison Sibold	SO	St. Lawrence	2:22.47A	7
2	Alexis Parent	FR	St. Lawrence	2:25.91	5
3	Emily Yousey	SO	Potsdam St.	2:29.52	4
4	Cameran Stone	FR	St. Lawrence	2:30.93	
5	Eliza O'Donnell	JR	St. Lawrence	2:35.52	
6	Nora Graves	SO	St. Lawrence	2:40.49	
7	Katherine Berge	SO	Plattsburgh	2:58.57	3
8	Aislinn Hertle	FR	Potsdam St.	3:22.98	2

**Women 1 Mile Run****2 Turn Alley**

**Newell FH:** 4:56.79 ^ 2/24/2007 **Grace Tilton**  
**SLU Team:** 4:55.50 s 2/21/2015 **Cassia Hameline**  
**Meet Record:** 5:00.84 \* 1/14/2017 **Megan Kellogg**  
**AARTFC:** 5:22.00 A

Name	Yr	School	Finals
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**Section 1**

1	Bridget Hastings	SO	St. Lawrence	5:32.01	7
2	Virginia Lucchetti	FR	Plattsburgh	5:44.62	5
3	Adeline Moore	SO	St. Lawrence	5:49.35	4
4	Natalia Castro	SO	Plattsburgh	6:27.12	3
5	Emily Ware	JR	Potsdam St.	6:41.39	2

**Women 3000 Meter Run****2 Turn Alley**

**Newell FH:** 9:54.08 ^ 3/1/2014 **Amy Cymerman**  
**SLU Team:** 9:42.00 s 3/14/2016 **Megan Kellogg**  
**Meet Record:** 10:01.91 \* 1/16/2016 **Lisa Grohn**  
**AARTFC:** 10:40.00 A

Name	Yr	School	Finals
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**Section 1**

1	Katherine Sheehy	JR	St. Lawrence	10:37.47A	7
2	Emma Palumbo	SO	St. Lawrence	10:38.03A	5
3	Olivia Watson	JR	St. Lawrence	10:50.58	

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**Results**

**Section 1 ... (Women 3000 Meter Run)**

Name	Yr	School	Finals
4 Sarah Smith	SO	Plattsburgh	11:34.19 4
5 Jaylee Southwell	FR	Plattsburgh	13:19.43 3
6 Grace Boyle	FR	Plattsburgh	13:28.75

**Women 60 Meter Hurdles**

**Newell FH:** 8.44 ^ 1/18/2014 Karelle Edwards  
**SLU Team:** 9.04 s 2/14/2015 Divya Biswal  
**Meet Record:** 8.44 \* 1/18/2014 Karelle Edwards  
**AARTFC:** 9.50 A

Name	Yr	School	Prelims
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**Heat 1 Preliminaries**

1 Hayley Castagnier	JR	St. Lawrence	10.16Q
2 Kiran Black	FR	St. Lawrence	10.52q
3 Amelia Berthold	FR	St. Lawrence	10.96q
4 Katherine Berge	SO	Plattsburgh	11.54q

**Heat 2 Preliminaries**

1 Kaylee Bertini	FR	St. Lawrence	10.24Q
2 Marissa LeDuc	FR	Plattsburgh	10.76q
3 Mikayla Khadijah	FR	Plattsburgh	10.90q
4 Amy Francesconi	SO	St. Lawrence	11.97q
5 Brooke Martindale	FR	St. Lawrence	12.00

**Women 60 Meter Hurdles**

**Newell FH:** 8.44 ^ 1/18/2014 Karelle Edwards  
**SLU Team:** 9.04 s 2/14/2015 Divya Biswal  
**Meet Record:** 8.44 \* 1/18/2014 Karelle Edwards  
**AARTFC:** 9.50 A

Name	Yr	School	Finals
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**Section 1 Finals**

1 Kaylee Bertini	FR	St. Lawrence	10.14 7
2 Hayley Castagnier	JR	St. Lawrence	10.18 5
3 Kiran Black	FR	St. Lawrence	10.25
4 Marissa LeDuc	FR	Plattsburgh	10.69 4
5 Amelia Berthold	FR	St. Lawrence	11.13
6 Katherine Berge	SO	Plattsburgh	11.37 3
7 Mikayla Khadijah	FR	Plattsburgh	11.51
8 Amy Francesconi	SO	St. Lawrence	12.70

**Women 4x200 Meter Relay**

**3 Turn Stagger**  
**Newell FH:** 1:45.15 ^ 12/14/2013  
**C Labarang, C Phillips, C Gardner, S DeCarufel**  
**SLU Team:** 1:45.58 s 2/28/2014  
**D Biswal, K Mason, C Stine, H Kinsey**  
**Meet Record:** 1:47.63 \* 1/14/2006 Queen's  
**S Colangelo, J Tam, F Hall, J Stanisz**

Team	Relay	Finals
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**Section 1**

1 St. Lawrence	A	1:59.28 7
1) Hayley Castagnier JR	2) Margaret McNally FR	
3) Caroline Hines FR	4) Cora Knight FR	

2 St. Lawrence	B	1:59.59
1) Kiran Black FR	2) Laken Mooney JR	
3) Mackenzie Marcus SO	4) Maia Wahlquist SO	

**Women 4x400 Meter Relay**

**2 Turn Stagger**  
**Newell FH:** 3:58.32 ^ 3/5/2005  
**B Boyd, A Tecco, E Huggler, J Bonelli**  
**SLU Team:** 3:57.61 s 3/2/2013  
**C Stine, A Pond, H Kinsey, J Marini**  
**Meet Record:** 3:59.55 \* 1/22/2011 uOttawa  
**M Krech, C Lela, T Merrill, J Tousaw**  
**AARTFC:** 4:10.00 A

Team	Relay	Finals
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**Section 1**

1 St. Lawrence	A	4:23.28 7
1) Alexa Smith JR	2) Kaylee Bertini FR	
3) Allison Sibold SO	4) Kristina Koes JR	
2 Plattsburgh St.	A	4:27.45 5
1) Aislyn McDonough SR	2) Jasmine Piper JR	
3) Natalia Castro SO	4) Virginia Lucchetti FR	
3 St. Lawrence	C	4:40.80
1) Cameran Stone FR	2) Alexis Parent FR	
3) Amy Francesconi SO	4) Katherine Sheehy JR	
4 St. Lawrence	B	4:52.64
1) Nora Graves SO	2) Bridget Hastings SO	
3) Olivia Watson JR	4) Amelia Berthold FR	

**Women High Jump**

**Christie Won Jump-Off**  
**Newell FH:** 1.78m ^ 1/17/2004 Kristy Kerin  
**SLU Team:** 1.72m s 2/13/2016 Marisa Turner  
**Meet Record:** 1.70m \* 1/15/2016 Marisa Turner  
**AARTFC:** 1.57m A

Name	Yr	School	Finals
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**Flight 1**

1 Rebecca Christie	FR	Plattsburgh	1.55m 7
2 Maia Wahlquist	SO	St. Lawrence	1.50m 5
3 Elizabeth Daly	FR	Plattsburgh	1.50m 4
4 Kaylee Bertini	FR	St. Lawrence	1.50m 3
5 Mikayla Khadijah	FR	Plattsburgh	1.40m
6 Marissa LeDuc	FR	Plattsburgh	1.40m
7 Katherine Berge	SO	Plattsburgh	1.40m
8 Amelia Berthold	FR	St. Lawrence	1.40m
9 Kailyn Ginter	FR	Plattsburgh	1.35m

**Women Long Jump**

**9 TO FINALS**

**Seeded Flights**  
**Newell FH:** 5.84m ^ 2/28/2003 Kate De Puy  
**SLU Team:** 5.87m s 2/22/2003 Kate DePuy  
**Meet Record:** 5.48m \* 1/22/2011 Ashlea Maddex  
**AARTFC:** 5.25m A

Name	Yr	School	Finals
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**Flight 1**

1 Marissa LeDuc	FR	Plattsburgh	4.92m 7
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**Results**

**Flight 1 ... (Women Long Jump)**

Name	Yr	School	Finals
2 Kristina Koes	JR	St. Lawrence	4.68m 5
3 Mackenzie Marcus	SO	St. Lawrence	4.55m 4
4 Kiran Black	FR	St. Lawrence	4.42m
5 Kaylee Bertini	FR	St. Lawrence	4.36m
6 Katherine Berge	SO	Plattsburgh	4.32m 3
7 Jessica Mare	FR	Plattsburgh	4.25m
8 Amelia Berthold	FR	St. Lawrence	4.17m
9 Caroline Hines	FR	St. Lawrence	4.04m

**Women Triple Jump**

**9 TO FINALS**

**Seeded Flights**

**Newell FH:** 11.70m ^ 3/1/2014 Divya Biswal  
**SLU Team:** 12.07m s 3/1/2013 Divya Biswal  
**Meet Record:** 11.43m \* 1/24/2009 Shannon O'Keefe  
**AARTFC:** 10.75m A

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Laken Mooney	JR	St. Lawrence	9.66m 7
2 Caroline Hines	FR	St. Lawrence	9.44m 5

**Women Shot Put**

**9 TO FINALS**

**Seeded Flights**

**Newell FH:** 15.22m ^ 1/18/2003 Caroline Larose  
**SLU Team:** 14.69m s 2/20/2010 Alyssa Pirinelli  
**Meet Record:** 14.39m \* 1/31/2004 Carolyne Larose  
**AARTFC:** 11.50m A

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Kaitlyn Bjelko	SR	Plattsburgh	11.75m A 7
2 Jasmine Piper	JR	Plattsburgh	9.92m 5
3 Emily Boswell	SO	St. Lawrence	9.70m 4
4 Lacey Eckert	FR	St. Lawrence	9.63m 3
5 Brooke Martindale	FR	St. Lawrence	9.56m
6 Rosemary Fleischmann	FR	St. Lawrence	8.02m
7 Marissa LeDuc	FR	Plattsburgh	7.53m
8 Maggie Hayes	JR	St. Lawrence	7.37m
9 Alaina Conners	SO	Plattsburgh	6.91m
10 Mikayla Osmer	SO	Plattsburgh	6.47m

**Women Weight Throw**

**9 TO FINALS**

**Seeded Flights**

**Newell FH:** 22.00m ^ 1/14/2017 Sultana Frizell  
**SLU Team:** 17.65m s 2/27/2009 Alyssa Pirinelli  
**Meet Record:** 22.00m \* 1/14/2017 Sultana Frizell  
**AARTFC:** 14.20m A

Name	Yr	School	Finals
<b>Flight 1</b>			
1 Jasmine Piper	JR	Plattsburgh	13.05m 7
2 Kaitlyn Bjelko	SR	Plattsburgh	12.75m 5
3 Maggie Hayes	JR	St. Lawrence	11.78m 4
4 Lacey Eckert	FR	St. Lawrence	11.12m 3

5 Rosemary Fleischmann	FR	St. Lawrence	10.95m
6 Alaina Conners	SO	Plattsburgh	9.68m
7 Emily Boswell	SO	St. Lawrence	9.56m

**Men 60 Meter Dash**

**Newell FH:** 6.82 ^ 1/21/2012 Moussa Sissoko  
**SLU Team:** 6.87 s 2/22/2019 Ian Clough  
**Meet Record:** 6.82 \* 1/21/2012 Moussa Sissoko  
**AARTFC:** 7.15 A

Name	Yr	School	Prelims
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**Heat 1 Preliminaries**

1 Jordan Williams	FR	Plattsburgh	7.26Q
2 Junior Oduro	SO	Potsdam St.	7.34q
3 Keith Omame-Agyei	FR	St. Lawrence	7.55q
4 Charles Gartner	SO	St. Lawrence	7.61q
5 Caden Palmer	FR	Potsdam St.	7.86
6 Thomas McDonough	SO	Plattsburgh	8.15

**Heat 2 Preliminaries**

1 Rohan Ukhade		Unattached	X7.20Q
2 Erik Geier	JR	St. Lawrence	7.37q
3 Mussa Kone	FR	Plattsburgh	7.65
4 Collin Chidester		Clarkson Uni	7.77
5 Marcus Paderon		Clarkson Uni	7.97
6 Owen Theriault		Clarkson Uni	8.03

**Heat 3 Preliminaries**

1 Brexton Montville	JR	Plattsburgh	A 7.11Q
2 Carter Halpin	FR	SU Running C	X7.43q
3 Jesse Lutz	FR	St. Lawrence	7.66
4 Cody Monnat	SO	Plattsburgh	7.77
5 Ethan Rowe	SO	St. Lawrence	7.89
6 Patrick Gieseler		Clarkson Uni	8.44

**Men 60 Meter Dash**

**Newell FH:** 6.82 ^ 1/21/2012 Moussa Sissoko  
**SLU Team:** 6.87 s 2/22/2019 Ian Clough  
**Meet Record:** 6.82 \* 1/21/2012 Moussa Sissoko  
**AARTFC:** 7.15 A

Name	Yr	School	Finals
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**Section 1 Finals**

1 Brexton Montville	JR	Plattsburgh	7.11A 9
2 Rohan Ukhade		Unattached	X7.14A
3 Erik Geier	JR	St. Lawrence	7.21 7
4 Jordan Williams	FR	Plattsburgh	7.21 6
5 Carter Halpin	FR	SU Running C	X7.39
6 Junior Oduro	SO	Potsdam St.	7.41 5
7 Charles Gartner	SO	St. Lawrence	7.57 4
8 Keith Omame-Agyei	FR	St. Lawrence	7.61

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**Results****Men 200 Meter Dash****Lanes 2-6**

**Newell FH:** 21.96 ^ 3/5/2005 **Sherron Bullock**  
**SLU Team:** 22.44 s 2/28/2004 **Seyamack Afzali/Jarell Roberts**  
**Meet Record:** 22.20 \* 1/23/2010 **Oluwasegun Makinde**  
**AARTFC:** 22.90 A

Name	Yr	School	Finals
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**Section 1**

1	Levi Sochia	SO Plattsburgh	26.22
2	Patrick Gieseler	Clarkson Uni	26.83

**Section 2**

1	Cody Monnat	SO Plattsburgh	24.50	5
2	Charles Gartner	SO St. Lawrence	24.79	4
3	Cameron Dillard	SO St. Lawrence	25.17	
4	Owen Theriault	Clarkson Uni	26.13	3
5	Marcus Paderon	Clarkson Uni	26.30	2

**Section 3**

1	Rohan Ukhade	Unattached	X23.06	
2	Charles Cypress	FR Plattsburgh	23.57	9
3	Junior Oduro	SO Potsdam St.	24.06	7
4	Erik Geier	JR St. Lawrence	24.26	6
5	Carlos Sanchez	FR St. Lawrence	25.69	

**Men 400 Meter Dash****Lanes 2-6**

**Newell FH:** 48.62 ^ 2/28/2004 **Eric Theiss**  
**SLU Team:** 48.32 s 1987 **Tim McCrossen**  
**Meet Record:** 49.69 \* 1/22/2011 **Devin Biocchi**  
**AARTFC:** 51.30 A

Name	Yr	School	Finals
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**Section 1**

1	Clark Morrison	Clarkson Uni	1:02.49	5
2	Felix Martinez	Clarkson Uni	1:03.13	

**Section 2**

1	Shifan Shaffe	SO St. Lawrence	53.85	9
2	Collin Chidester	Clarkson Uni	54.73	7
3	Ryan Steele	SO St. Lawrence	55.32	6
4	Cameron Dillard	SO St. Lawrence	55.99	

**Men 800 Meter Run****2 Turn Alley**

**Newell FH:** 1:53.21 ^ 3/1/2008 **Justin Wager**  
**SLU Team:** 1:52.91 s 3/11/2022 **Timmy Boyce**  
**Meet Record:** 1:54.80 \* 1/31/2004 **Jon Kent**  
**AARTFC:** 1:58.50 A

Name	Yr	School	Finals
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**Section 1**

1	Nicholas Gelsomino	FR Plattsburgh	2:18.05	
2	Connor St. Peter	FR St. Lawrence	2:20.92	
3	Jake Rinn	Clarkson Uni	2:30.03	3
4	Felix Martinez	Clarkson Uni	2:31.21	2
5	Clark Morrison	Clarkson Uni	2:34.03	

**Section 2**

1	Nicholas Lyndaker	FR St. Lawrence	2:00.50	9
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2	Noah Bonesteel	SO Plattsburgh	2:03.99	7
3	Christopher O'Donnell	SO St. Lawrence	2:04.19	6
4	Sam Renaud	SO Potsdam St.	2:04.74	5
5	Justin Kumrow	SO Plattsburgh	2:07.85	4
6	Michael Brockway	SO Plattsburgh	2:09.66	
7	Cole Harris	FR St. Lawrence	2:09.85	
8	Jeremy Gundrum	FR Plattsburgh	2:17.20	

**Men 1 Mile Run****2 Turn Alley**

**Newell FH:** 4:10.54 ^ 3/1/2008 **Peter Kosgei**  
**SLU Team:** 4:12.02 s 3/8/2008 **Erik Donohoe**  
**Meet Record:** 4:16.99 \* 1/23/2010 **Dan Ramsey**  
**AARTFC:** 4:24.00 A

Name	Yr	School	Finals
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**Section 1**

1	Logan Ploss	SO Potsdam St.	4:49.79	4
2	Richard O'Keefe	SO St. Lawrence	4:52.82	
3	Andrew Wade	Clarkson Uni	4:55.82	3
4	Evan Howe	SO Potsdam St.	5:10.10	2
5	Kain Robinson	SO Potsdam St.	5:33.41	
6	Jake Rinn	Clarkson Uni	5:44.78	1
7	Aaron Lamar	Clarkson Uni	6:07.46	

**Section 2**

1	Nicholas Lyndaker	FR St. Lawrence	4:20.00A	9
2	Michael Skutt	SO St. Lawrence	4:22.04A	7
3	Noah Bonesteel	SO Plattsburgh	4:26.16	6
4	Matthew Coleman	SO St. Lawrence	4:29.90	
5	Matthew Abell	JR St. Lawrence	4:34.41	
6	Michael Brockway	SO Plattsburgh	4:35.86	5
7	Tye Royal	SO St. Lawrence	4:37.17	
8	Justin Kumrow	SO Plattsburgh	4:39.65	
9	Charles Beams	SO St. Lawrence	4:48.05	
10	Jeremy Gundrum	FR Plattsburgh	4:48.62	
11	August Kotula	SO St. Lawrence	4:51.94	
12	Nicholas Gelsomino	FR Plattsburgh	5:08.72	

**Men 3000 Meter Run****2 Turn Alley**

**Newell FH:** 8:29.49 ^ 3/1/2008 **Seth Dubois**  
**SLU Team:** 8:14.6h s 1984 **Jukka Tammisuo**  
**Meet Record:** 8:30.44 \* 1/17/2003 **Mike Woods**  
**AARTFC:** 8:50.00 A

Name	Yr	School	Finals
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**Section 1**

1	Erik Kucera	FR Plattsburgh	9:13.00	9
2	Matthew Serrano	FR St. Lawrence	9:13.89	7
3	Griffin Roeder	FR St. Lawrence	9:14.30	6
4	Patrick Russell	FR St. Lawrence	9:18.69	
5	Logan Van Buren	SO Plattsburgh	9:26.48	5
6	Evan Baird	Clarkson Uni	11:01.04	4

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**Results**

**Men 5000 Meter Run**

**2 Turn Alley if needed**

Newell FH: 14:35.05 ^ 12/13/2008 Seth Dubois

SLU Team: 14:20.3h s 1986 Jukka Tammisuo

Meet Record: 14:44.17 \* 1/14/2006 Ted Turner

AARTFC: 15:30.00 A

Name	Yr	School	Finals
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**Section 1**

1	Owen Patry	FR	St. Lawrence	16:11.10	9
2	Colin Young	SO	St. Lawrence	16:24.85	7
3	Denali Rodriguez-Garnica	SO	Plattsburgh	17:46.20	6
4	Benjamin Roach	SO	St. Lawrence	17:56.49	
5	Sean Grady	SO	Plattsburgh	18:14.68	5

**Men 60 Meter Hurdles**

Newell FH: 8.10 ^ 1/18/2014 Sekou Kaba

SLU Team: 8.28 s 2/9/2013 Jacob Fredericks

Meet Record: 7.99 \* 1/17/2015 Sekou Kaba

AARTFC: 8.70 A

Name	Yr	School	Finals
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**Section 1**

1	Carter Halpin	FR	SU Running C	X8.99	
2	Keith Omane-Agyei	FR	St. Lawrence	9.16	9
3	Ethan Rowe	SO	St. Lawrence	10.56	7
4	Collin Chidester		Clarkson Uni	10.62	6
5	Tim Petty	SO	Potsdam St.	12.75	5

**Men 4x200 Meter Relay**

**3 Turn Stagger**

Newell FH: 1:27.88 ^ 3/4/2005

O Makinde, M Robertson, D Biocci, T Makinde

SLU Team: 1:29.74 s 2/26/2016 22.9, 22.39, 22.76, 21.69

T. Hamre, H. Stivers, G. White, N. Crawford

Meet Record: 1:27.88 \* 1/19/2013 uOttawa

O Makinde, M Robertson, D Biocchi, T Makinde

Team	Relay	Finals
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**Section 1**

1	St. Lawrence	A	1:39.88	9
	1) Charles Gartner SO	2) Cameron Dillard SO		
	3) Keith Omane-Agyei FR	4) Carlos Sanchez FR		

**Men 4x400 Meter Relay**

**2 Turn Stagger**

Newell FH: 3:22.19 ^ 3/5/2005

R Hussey, A Miles, J Taylor, A Campbell

SLU Team: 3:20.17 s 1985

T Plimpton, J Disotelle, A Silver, T McCrossen

Meet Record: 3:23.24 \* 1/31/2004 University of Rochester

M Tierney, B Strandberg, G Dusek, C Clark

AARTFC: 3:27.00 A

Team	Relay	Finals
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**Section 1**

1	St. Lawrence	B	3:50.18	9
	1) Cole Harris FR	2) Matthew Coleman SO		
	3) Christopher O'Donnell SO	4) Ryan Steele SO		

**Men High Jump**

**Arrive at 1.70m**

**Increment = 5cm**

Newell FH: 2.14m ^ 12/8/2012 Kerrin Payne

SLU Team: 2.04m s 1996 Pete Basta

Meet Record: 2.10m \* 1/27/2007 Nick Stanisavljevic

AARTFC: 1.91m A

Name	Yr	School	Finals
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**Flight 1**

1	Aly Ceesay	SO	Potsdam St.	1.75m	9
2	Brogan McGorray	FR	St. Lawrence	1.65m	7
3	Tim Petty	SO	Potsdam St.	1.55m	6
4	Connor St. Peter	FR	St. Lawrence	1.50m	5
5	Caden Palmer	FR	Potsdam St.	1.50m	

**Men Pole Vault**

**Arrive at 3.80m**

**Increment = 15cm**

Newell FH: 4.95m ^ 12/10/2011 Ryan Pericozzi

SLU Team: 4.89m s 1989 Alexander Grelland

Meet Record: 4.85m \* 1/22/2011 Mike Dempsey

AARTFC: 4.40m A

Name	Yr	School	Finals
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**Flight 1**

1	Connor St. Peter	FR	St. Lawrence	2.60m	9
2	Tim Petty	SO	Potsdam St.	2.45m	7

**Men Long Jump**

**9 TO FINALS**

**Seeded Flights**

Newell FH: 7.07m ^ 1/26/2002 Ohene Cornelius

SLU Team: 7.32m s 1997 Chris Burgess

Meet Record: 6.96m \* 1/19/2019 Gordon White

AARTFC: 6.65m A

Name	Yr	School	Finals
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**Flight 1**

1	Aidan Masten	SO	Plattsburgh	6.23m	9
2	Jesse Lutz	FR	St. Lawrence	5.87m	7
3	Brogan McGorray	FR	St. Lawrence	5.52m	6
4	Collin Chidester		Clarkson Uni	5.48m	5
5	Mussa Kone	FR	Plattsburgh	5.37m	4
6	Carlos Sanchez	FR	St. Lawrence	5.22m	
7	Edem Bruce	SR	Potsdam St.	5.10m	3
8	Thomas McDonough	SO	Plattsburgh	5.08m	
9	Marcus Paderon		Clarkson Uni	5.07m	2
10	Connor St. Peter	FR	St. Lawrence	4.80m	

**SAINTS INDOOR INVITATIONAL**  
**ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/28/2023**

**Results**

**Men Shot Put****9 TO FINALS****Seeded Flights**

**Newell FH:** 16.63m ^ 3/5/2005 Matt Kuenzel  
**SLU Team:** 16.54m s 3/14/2008 Geoff Grambo  
**Meet Record:** 16.39m \* 1/22/2022 Marcus Dozier  
**AARTFC:** 13.85m A

	Name	Yr	School	Finals
<b>Flight 1</b>				
1	Zachary Jaworski	SO	St. Lawrence	14.12mA 9
2	Joseph O'Rourke	JR	St. Lawrence	11.72m 7
3	Tito Bowens	JR	St. Lawrence	11.67m
4	Zane Moussa	SO	Potsdam St.	10.18m 6
5	Luke Favata	SR	Potsdam St.	9.97m 5
6	Erik Schneider	FR	St. Lawrence	9.68m
7	Spencer Trudo	SO	Plattsburgh	9.30m 4
8	Thomas Konnick	FR	Plattsburgh	9.16m 3
9	Cooper Ladouceur	FR	Potsdam St.	8.49m
10	Peter DiNinno	JR	St. Lawrence	7.99m

**Men Weight Throw****9 TO FINALS****Seeded Flights**

**Newell FH:** 21.69m ^ 12/9/2006 Jesse Doty  
**SLU Team:** 19.31m s 3/5/2010 Eric Jones  
**Meet Record:** 20.79m \* 1/28/2006 Jesse Doty  
**AARTFC:** 15.50m A

	Name	Yr	School	Finals
<b>Flight 1</b>				
1	Zachary Jaworski	SO	St. Lawrence	15.40m 9
2	Joseph O'Rourke	JR	St. Lawrence	13.86m 7
3	Erik Schneider	FR	St. Lawrence	11.67m
4	Spencer Trudo	SO	Plattsburgh	11.17m 6
5	Thomas Konnick	FR	Plattsburgh	8.44m 5
6	Peter DiNinno	JR	St. Lawrence	6.63m